

# Student Health Program

**Grant Type:** Dollar and Nondollar

**Grant Amount:** \$230/day feeds 4,000 students at 6 cents each

**Organization:** Better Lives



## What was the objective of your grant or initiative?

- Increase students' school attendance and performance by building safe sanitation facilities and providing breakfast to 2,000 students at four schools in Kahe Ward, Tanzania.
- Help families and schools become food self-reliant by building organic vegetable gardens.
- As families and schools become more food self-reliant, breakfast program budgets can be reallocated to other schools.

## What was your approach?

- The approach is holistic in that it recognizes the interdependence of health and education.
- Helping families achieve food self-reliance makes it possible to spread the breakfast program to other schools without decreasing the students' nutrition.

## What were the outsized results?

After starting the breakfast program in 2010, Kisangasangeni Primary School went from being near the middle in school rankings to the top-performing school.

Mawala Primary School was the bottom-ranked school in the district in 2013. After starting the breakfast program, it moved past Kisangasangeni to become the district's top-performing school.

Maendeleo Primary School was scheduled to be shut down because of sanitary concerns until it received toilet facilities and also started serving breakfast. It is now in the top three schools in the district.

